



# JKF GOJU-KAI

EUROPE

## 2010

KESAKATSU KIYOHARA • 8TH DAN

SEIICHI FUJIWARA • 8TH DAN

LEO LIPINSKI • 7TH DAN

STANKO KUMER • 7TH DAN

PAUL COLEMAN • 7TH DAN

RASTISLAV MRAZ • 6TH DAN

## KATA SEMINAR

London • England 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup> September

Monday 27th September, Heston, London

## Venue for seminar:-

**Bishop Douglass School** Hamilton Road, London N2 0SQ  
**Mobile Telephone • Leo Lipinski: +44 (0) 78030 15404**  
**Email • Leo Lipinski: kenlee104@hotmail.com**

## Examination Fees

JKF Goju-Kai 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> Dan	5,000 yen	to be paid in yen only (NOT Euros or Sterling)
JKF Goju-Kai 4 <sup>th</sup> & 5 <sup>th</sup> Dan	10,000 yen	to be paid in yen only (NOT Euros or Sterling)

## Certification Requirements

Certificate (Grade Registration):

1 <sup>st</sup> Dan	5,000 yen	to be paid in yen only (NOT Euros or Sterling)
2 <sup>nd</sup> Dan	6,000 yen	to be paid in yen only (NOT Euros or Sterling)
3 <sup>rd</sup> Dan	7,000 yen	to be paid in yen only (NOT Euros or Sterling)
4 <sup>th</sup> Dan	15,000 yen	to be paid in yen only (NOT Euros or Sterling)
5 <sup>th</sup> Dan	20,000 yen	to be paid in yen only (NOT Euros or Sterling)

Please have your certificate fee ready with you. If you fail the test, this will be returned to you.

## Other Test Fee Requirements

For JKF Goju-Kai members

- 2 x passport photographs. Please write your name and date of birth on the back of the photographs
- Members testing for 2<sup>nd</sup> Dan & above, need either your certificate number from your previous test or a photocopy of the certificate.

## New members

For **NON** JKF Goju-Kai members

- 5000, yen membership fee.
- 4 x passport photographs, if you are a new member taking a test.  
Please write your name and date of birth on the back of the photographs.
- Transfer of Dan testing. Those who do not have JKF Goju-Kai grades, but who have a grade above 1<sup>st</sup> Dan and in are in possession of either a National Federation Certificate, or WKF Certificate, can attempt testing at your Dan level.
- NEW MEMBERS SHOULD BE MEMBERS OF THEIR KAI FOR AT LEAST ONE YEAR BEFORE TAKING THE TEST. (Please bring a copy of your latest Dan certificate.
- This test does not guarantee you will achieve that Dan grade. It only entitles you to take the test. A lower Dan grade can be awarded as a result of your test. For example:- If you pass 3<sup>rd</sup> Dan, you must also pay to register 1<sup>st</sup> & 2<sup>nd</sup> Dan as well as the 3<sup>rd</sup> Dan registration. The total cost to you, would then be 5,000 yen + 6,000 yen + 7,000 yen, a total of 18,000 yen, plus 5,000 yen test fee.



## Training Fees for Seminar

Cost for adults and 14 years old and above, £85 for three days, or £40 per day.

Cost for 13 years old and below, £50 for three days, or £30 per day.

On Monday night 27th September there will be another 3 hours training available at no extra charge for those who attend the seminar.

The Venue is in Heston near Southall.

## Accommodation

I have managed to find reasonably priced accommodation fairly near to the seminar venue at Bishop Douglass School.

The name of the hotel is Comfort Inn and the location is in Finchley. The hotel is not more than a 15 -20 minute walk to the school and if 3 or 4 people share a minicab transport costs will be very cheap. The hotel is very near to a big complex with restaurants, cinema etc. Located only 100 yards from the North Circular Road and with ample free car parking and accessibility from Central London by tube in only 20 minutes, the Comfort Hotel Finchley is ideal for business or pleasure. The range of leisure options close to the hotel include an eight-screen cinema, a bowling alley, two swimming pools, a gym and numerous restaurants that are sure to keep you entertained.

Guests can enjoy free full breakfast, free car parking, free WiFi, onsite restaurant and bar, and laundry service. All of the guest rooms benefit from King sized beds and satellite television. The hotel is handicap accessible.

Enjoy Finchley's local area and visit the Lido, Golf Club and Brent Cross shopping centre. The nearby Phoenix Cinema is one of the oldest cinemas in the United Kingdom and still has shows daily.

For a video tour of the hotel, and to see all details, please click on the following link:

[http://www.choicehotelsuk.co.uk/finchley\\_\\_greater\\_london-hotel-comfort-GB095-en?cid=3256933](http://www.choicehotelsuk.co.uk/finchley__greater_london-hotel-comfort-GB095-en?cid=3256933)

The phone number is +442084464444

I suggest you call to make your reservations and quote "Karate group" for our special room rate.

The rooms will be £55 per night bed and breakfast for 1, 2, 3 people. Therefore up to 3 people can have room with breakfast for £55.

I suggest you book your rooms as soon as possible.

Please inform me after you have booked so I know who will be there.

Other nearby accommodation:

Chumleigh Lodge Nether Street Finchley telephone 02083461614

<http://www.a1tourism.com/uk/chumleig.html>

Holiday Inn Henleys Corner Finchley <http://www.ichotelsgroup.com/h/d/ex/1/en/hotel/longg/transportation>

Comfort Hotel Finchley 3 Leisure Way High Road Finchley--next to David Lloyd Sports Centre  
telephone 02084466644 [booking@finchleyhotel.com](mailto:booking@finchleyhotel.com)

Glenlyn Guest House 6 Woodside Park Road North Finchley London N12 telephone 02084450440

Central Hotel 35 Hoop Lane, Golders Green NW11 Telephone 02084585636 [www.centralhotel1.co.uk](http://www.centralhotel1.co.uk)

Anchor Hotel 10 West Heath Drive Golders Green NW11 telephone 02084588764

King Solomon Hotel Golders Green 155-9 Golders Green Road 02082019000

[www.kingsolomonhotel.com](http://www.kingsolomonhotel.com)

Regal Hotel 170 Golders Green Road Golders Green NW11 telephone 02084457025

[www.regalguesthouse.com](http://www.regalguesthouse.com)

There is sleeping bag accommodation at the seminar venue, contact Leo Lipinski if required.



## Bars, Clubs & Restaurants

<http://www.totaltravel.co.uk/travel/greater-london/london-north/finchley-whetstone/directory/bars>

<http://www.lollo.co.uk/finchley-restaurants/1616-0/>



# Monday 27th September 17.00 – 20.00

The seminar will be in another location on the Monday evening. Please contact Sensei Gurmit Singh.

United Kingdom Karate-do Goju Kai.

Berkley Primary School

Cranford Lane, Heston

Contact: Sensei Gurmit Singh

Tel: 0208 737 9640

Email [gurmit@blueyonder.co.uk](mailto:gurmit@blueyonder.co.uk)

## Directions to seminar venue

**Bishop Douglass School is 10 minutes walk from Finchley Central Station Northern Line High Barnet Branch. If you attended the London seminar in 2009, it is on the other side of East End Road, a mere 300 metres away from the previous venue.**

**The school is 15 minutes walk from Chumleigh Lodge Hotel. From Golders Green on Finchley Road bus (N~~o~~13 or N~~o~~82) is 10 minutes to Regents Park Road/East End Road stop, then another 10 minute walk to the school.**

**Getting from Stansted Airport to Finchley**

**[http://www.londontoolkit.com/travel/stansted\\_airbus.htm](http://www.londontoolkit.com/travel/stansted_airbus.htm)**

**getting from Heathrow airport to Finchley**

**[http://www.londonheathrowcars.com/from\\_heathrow.asp?direction=V1&myplace=P61](http://www.londonheathrowcars.com/from_heathrow.asp?direction=V1&myplace=P61)**

## Map & Directions

**Bishop Douglass School** Hamilton Road, London N2 0SQ



## Training Schedule

### **Bishop Douglass School**

- Friday 24<sup>th</sup> 18.00 – 21.00 Goju-Ryu Basic training, Gekisai Ichi & Gekisai Ni, plus Sanchin & Tensho katas
- Saturday 25<sup>th</sup> 10.00 – 12.30 Goju-Ryu katas Seiyunchin, Sanseiru & Shisochin
- Saturday 25<sup>th</sup> 12.30 – 15.00 LUNCH BREAK
- Saturday 25<sup>th</sup> 15.00 – 17.30 Dai Ichi shitei katas Saifa & Seipai
- Sunday 26<sup>th</sup> 09.30 – 12.00 Dai Ni shitei katas Kururunfa & Seisan
- Sunday 26<sup>th</sup> 12.00 – 15.00 LUNCH BREAK
- Sunday 26<sup>th</sup> 15.00 – 17.00 Goju Ryu Advanced kata Suparimpei

### YUDANSHA TESTING

- Sunday 26<sup>th</sup> 17.00 – 19.00 Tests only (NO spectators unless it is your instructor)

**I would like to see as many people as possible attend this seminar. Please pass this information to all of your students, friends and colleagues. We will have enough instructors to teach all levels of karate.**

**My sincere regards to you all.**

**Leo Lipinski, JKF Goju-Kai European President.**